

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$3.50 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 2.50 • BOWL - 4.25 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 4.50

CHEF'S SPECIALS

OLD FASHIONED BEEF STEW *with Garden Vegetables*10.95
 STUFFED PEPPERS *served with Potato and Vegetable*10.95
 BAKED MEAT LOAF *with Mushroom Gravy served with Potato and Vegetable*10.95
 MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*10.95
 LASAGNA - *Wide Homemade Pasta with Ricotta and Mozzarella in Meat Sauce* ...10.95
 BARBECUED BABY BACK RIBS & CHICKEN *with Smoked Barbecue Sauce*
served with Potato and Vegetable10.95
 GRILLED CHICKEN SORRENTINO *with Eggplant and Mozzarella Cheese*
served with Potato and Vegetable11.95
 BAKED MANICOTTI *topped with Marinara Sauce and Mozzarella Cheese*10.50
 SPAGHETTI & MEATBALLS *with Tomato Sauce*10.50

LUNCHEON SALADS

JUNIOR CHEF'S SALAD10.95	INDIVIDUAL SALMON 9.95
JUNIOR TUNAFISH SALAD 9.95	INDIVIDUAL TUNAFISH 9.95
JUNIOR CHICKEN SALAD 9.95	INDIVIDUAL SARDINES 9.95
	<i>(Skinless & Boneless)</i>

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* . 9.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello* 9.95

STUFFED CHICKEN FLORENTINE
Stuffed with Spinach and Feta Cheese, served with Oven Brown Potatoes and Vegetable
11.95

STUFFED EGGPLANT ROLLATINI PARMIGIANA
Served with Spaghetti
10.50

CORNER BEEF or PASTRAMI REUBEN
Served with Russian Dressing, French Fries, Cole Slaw and Pickle
10.95

HOT OPEN ROAST BEEF
Served with Potato and Vegetable
12.25

GRILLED CHICKEN SALAD BOWL
Served with Choice of Dressing
11.95

BROCCOLI & CHEDDAR QUICHE
Served with Greek Salad
10.95

POLLO VERDE
Breast of Chicken, covered with Broccoli, Prosciutto, Mozzarella Cheese and a Light Brown Sauce
11.95

CHICKEN MEDITERRANEAN
Breast of Chicken sautéed with Mushrooms, Capers, Onions and Black Olives in a Marinara Sauce
11.95

DOUBLE STOP LUNCHEON

SERVED WITH: CUP OF SOUP, SODA OR COFFEE AND CHOICE OF PUDDING, JELLO OR ICE CREAM
 INCLUDES: FRENCH FRIES, COLE SLAW & PICKLE

#1 - \$11.95

- TUNAFISH SALAD SANDWICH
- WESTERN OMELETTE SANDWICH
- OPEN GRILLED CHEESE *with Tomato*
 - MEAT LOAF SANDWICH
 - TURKEY SALAD SANDWICH

#2 - \$12.95

- CORNER BEEF or PASTRAMI SANDWICH *on Choice of Bread*
- CHICKEN CUTLET PARMIGIANA
- GREEK ISLAND STYLE OMELETTE *with Feta Cheese, Tomato and Potato*
- BROCCOLI & CHEDDAR OMELETTE
- CHEESE STEAK SANDWICH *w/Fried Onions*

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$3.50 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 2.50 • BOWL - 4.25 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 4.50

CHEF'S SPECIALS

BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*10.95
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable*10.95
 STIR-FRY CHICKEN *with Oriental Vegetables, served over Rice*11.95
 SPAGHETTI & MEAT SAUCE10.95
 GREEK PASTICHIO - *Macaroni with Meat Sauce*
topped with Bechamel Cream Sauce10.95
 CHICKEN & EGGPLANT MAISON STYLE *stuffed with Ricotta Cheese,*
topped with Mozzarella Cheese, served over Pasta11.95
 BROILED BEEF LIVER *with Sautéed Onions, served with Potato and Vegetable*10.95
 CHICKEN SCAMPI & FRIED BROCCOLI *served over Rice*11.95

LUNCHEON SALADS

JUNIOR CHEF'S SALAD10.95	INDIVIDUAL SALMON 9.95
JUNIOR TUNAFISH SALAD 9.95	INDIVIDUAL TUNAFISH 9.95
JUNIOR CHICKEN SALAD 9.95	INDIVIDUAL SARDINES 9.95

(Skinless & Boneless)

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* . 9.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello* 9.95

LINGUINE
Linguine with White or Red Clam Sauce
10.95

CHICKEN NAPOLETANA
*Breast of Chicken sautéed with Peppers, Onions,
 Olives and Pimentos in a White Wine Sauce*
11.95

**HOT OPEN
 TURKEY**
*Served with
 Potato and Vegetable*
11.95

**STUFFED CHICKEN
 with Crabmeat**
*Served with Oven Brown
 Potato and Vegetable*
11.95

**CAESAR SALAD
 with Grilled Chicken**
Served with Choice of Dressing
11.95

CHICKEN & BROCCOLI
*Sautéed with Garlic, Sundried Tomatoes, Herbs,
 Cauliflower and Light Chicken Broth
 served over Penne Pasta*
11.95

GRILLED CHICKEN SORRENTINO
*with Eggplant and Mozzarella Cheese,
 served with Potato & Vegetable*
11.95

DOUBLE STOP LUNCHEON

SERVED WITH: CUP OF SOUP, SODA OR COFFEE AND CHOICE OF PUDDING, JELLO OR ICE CREAM
 INCLUDES: FRENCH FRIES, COLE SLAW & PICKLE

#1 - \$11.95

- EGGPLANT PARMIGIANA HERO
- CHICKEN SALAD
- TUNA SALAD
- OPEN GRILLED CHEESE *with Bacon*
- WESTERN OMELETTE SANDWICH

#2 - \$12.95

- ROAST BEEF SANDWICH *with French Fries*
- BAKED VIRGINIA HAM *w/French Fries*
- CRABMEAT & ARTICHOKE
 OMELETTE *with Home Fries*
- BACON, TOMATO & CHEDDAR
 OMELETTE *with Home Fries*
- MEAT BALL PARMIGIANA HERO

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$3.50 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 2.50 • BOWL - 4.25 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 4.50

CHEF'S SPECIALS

POT ROAST *with Potato Pancake, served with Potato and Vegetable*10.95
 BEEF GOULASH *served over Noodles*10.95
 ROAST HALF CHICKEN *with Apple Raisin Stuffing,*
served with Potato and Vegetable10.95
 BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*10.95
 MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*10.95
 SAUTÉED CALVES LIVER *with Onions, Mushrooms & Peppers,*
served with Potato and Vegetable10.95
 LASAGNA - *Wide Homemade Pasta with Ricotta and Mozzarella in Meat Sauce* ...10.95
 BROILED BLUEFISH ESPAÑOL *served with Potato and Vegetable*10.95
 BAKED STUFFED SHELLS10.95

LUNCHEON SALADS

JUNIOR CHEF'S SALAD10.95	INDIVIDUAL SALMON 9.95
JUNIOR TUNAFISH SALAD 9.95	INDIVIDUAL TUNAFISH 9.95
JUNIOR CHICKEN SALAD 9.95	INDIVIDUAL SARDINES 9.95

(Skinless & Boneless)

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* . 9.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello* 9.95

CALAMARI & MUSSELS
FRA DIAVOLO
In Spicy Sauce
served over Linguine
11.95

STUFFED FILET
FLORENTINE
Stuffed with Spinach and
Feta Cheese, served with
Potato or Vegetable
12.95

CHICKEN
CORDON BLEU
with Fried Broccoli
served with Potato or Vegetable
12.50

GRILLED CHICKEN
MIXED SALAD BOWL
Served with
Choice of Dressing
11.95

HOT OPEN
VIRGINIA HAM
Served with
Potato and Vegetable
11.95

BROCCOLI & CHEDDAR
QUICHE
Served with Greek Salad
10.95

CHICKEN & SHRIMP MARINARA
Sautéed with Garlic, Fresh Basil and Oregano
served over Pasta
12.50

CRAB CAKE
on a Bun, served with Lettuce,
Tomato & French Fries
10.95

DOUBLE STOP LUNCHEON

SERVED WITH: CUP OF SOUP, SODA OR COFFEE AND CHOICE OF PUDDING, JELLO OR ICE CREAM
 INCLUDES: FRENCH FRIES, COLE SLAW & PICKLE

#1 - \$11.95

- CHICKEN SALAD SANDWICH
- MEAT LOAF SANDWICH
- WESTERN OMELETTE SANDWICH
- TUNAFISH SALAD SANDWICH
- OPEN GRILLED SWISS *with Bacon*

#2 - \$12.95

- FRESH HAM SANDWICH
- FRIED FILET OF SOLE SANDWICH
- MUSHROOM & AMERICAN CHEESE OMELETTE *with Home Fries*
- GRILLED CHICKEN & MELTED MOZZARELLA SANDWICH
- SHRIMP SALAD SANDWICH

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$3.50 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 2.50 • BOWL - 4.25 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 4.50

CHEF'S SPECIALS

CORNED BEEF & CABBAGE *with Boiled Potato*10.95
 BAKED SHORT RIBS *served with Oven Brown Potatoes*11.95
 STIR-FRY STEAK *served over Rice or Pasta*12.95
 SAUTÉED CHICKEN FRANCAISE *served over Rice or Pasta*11.95
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable* ...10.95
 CALVES LIVER VIENNESE STYLE *served with Potato and Vegetable*10.95
 BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*10.95
 BAKED MANICOTTI *topped with Marinara Sauce and Mozzarella Cheese*10.95
 MOUSSAKA *with Eggplant and Ground Beef topped with Bechamel Cream Sauce* ..10.95
 CHICKEN PAELLA *served over Rice*11.95

LUNCHEON SALADS

JUNIOR CHEF'S SALAD10.95	INDIVIDUAL SALMON 9.95
JUNIOR TUNAFISH SALAD 9.95	INDIVIDUAL TUNAFISH 9.95
JUNIOR CHICKEN SALAD 9.95	INDIVIDUAL SARDINES 9.95

(Skinless & Boneless)

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* . 9.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello* 9.95

**CORNED BEEF or
 PASTRAMI REUBEN**
*Served with Russian Dressing,
 French Fries, Cole Slaw
 and Pickle*
10.95

RIGATONI SICILIANO
*Rigatoni Pasta with Italian
 Sausage and Eggplant
 topped with Tomato Sauce
 and Mozzarella Cheese*
11.95

POLLO VERDE
*Breast of Chicken covered
 with Broccoli, Prosciutto, Moz-
 zarella Cheese and
 a Light Brown Sauce*
10.95

CHICKEN MARSALA
*Breast of Chicken sautéed
 with Onions, Mushrooms
 and Roasted Red Peppers
 in a Marsala Sauce*
11.95

HOT OPEN TURKEY
*Served with
 Potato and Vegetable*
11.95

**BROCCOLI & CHEDDAR
 QUICHE**
Served with Greek Salad
10.95

CHICKEN MURPHY
*Sautéed Chicken Tenders, 3-Color Peppers,
 Onions, Potatoes and Fresh Herbs,
 served with a Balsamic Brown Sauce*
11.95

SHRIMP ALA BAKA
*Sautéed Shrimp with Fresh Tomatoes and Basil,
 tossed with Pink Cream Sauce and Choice of Pasta*
12.50

DOUBLE STOP LUNCHEON

SERVED WITH: CUP OF SOUP, SODA OR COFFEE AND CHOICE OF PUDDING, JELLO OR ICE CREAM
 INCLUDES: FRENCH FRIES, COLE SLAW & PICKLE

#1 - \$11.95

- TURKEY SALAD SANDWICH
- TUNAFISH SALAD SANDWICH
- WESTERN OMELETTE SANDWICH
 - MEAT LOAF SANDWICH
- GRILLED MOZZARELLA & TOMATO SANDWICH

#2 - \$12.95

- CORNED BEEF SANDWICH
- VIRGINIA HAM SANDWICH
- CHICKEN CUTLET PARMIGIANA HERO
- POLISH KIELBASA HERO *w/Sauerkraut*
 - ITALIAN OMELETTE
with Peppers, Onions and Sausage
- ASPARAGUS & CHEDDAR OMELETTE

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$3.50 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 2.50 • BOWL - 4.25 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 4.50

CHEF'S SPECIALS

BAKED MACARONI & CHEESE *served with Crab Cakes*10.95
 BAKED LEMON CHICKEN *served with Oven Brown Potatoes and Vegetable*10.95
 ROAST LOIN OF PORK *served with Potato and Vegetable*11.25
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable* ...10.95
 STUFFED CABBAGE *served with Potato and Vegetable*10.95
 BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*10.95
 MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*10.95
 BROILED BLUEFISH *served with Potato and Vegetable*10.95

LUNCHEON SALADS

JUNIOR CHEF'S SALAD10.95	INDIVIDUAL SALMON 9.95
JUNIOR TUNAFISH SALAD 9.95	INDIVIDUAL TUNAFISH 9.95
JUNIOR CHICKEN SALAD 9.95	INDIVIDUAL SARDINES 9.95

(Skinless & Boneless)

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato* 9.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* . 9.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello* 9.95

**FILET OF SOLE
 FRANCAISE**
Served over Rice
12.50

SLICED LONDON BROIL
*On Garlic Roll with Lettuce,
 Tomato, French Fries,
 Cole Slaw and Pickle*
13.25

**STUFFED EGGPLANT
 PARMIGIANA**
*Rollatini stuffed with Ricotta
 Cheese, topped with Mozzarella*
10.95

**CHICKEN & SHRIMP
 PAELLA**
Served over Rice
12.50

**STUFFED FILET
 FLORENTINE**
*Stuffed with Spinach and Feta
 Cheese, served with Oven Brown
 Potatoes and Vegetable*
11.95

LINGUINE
*Linguine with White or Red
 Clam Sauce*
10.95

MIXED SEAFOOD SAUTÉ
*Shrimp, Calamari and Mussels with Fresh Garlic,
 Fresh Tomatoes, Basil, Thyme and
 a Light Tomato Sauce with Choice of Pasta*
13.50

**CAESAR SALAD BOWL
 with Grilled Tuna Steak**
12.50

DOUBLE STOP LUNCHEON

SERVED WITH: CUP OF SOUP, SODA OR COFFEE AND CHOICE OF PUDDING, JELLO OR ICE CREAM
 INCLUDES: FRENCH FRIES, COLE SLAW & PICKLE

#1 - \$11.95

- OPEN GRILLED CHEESE *with Bacon and Tomato*
- HAM & SWISS CHEESE SANDWICH
- TURKEY or BEEF BURGER CLUB
- MEAT LOAF SANDWICH PARMIGIANA
- CHICKEN SALAD SANDWICH

#2 - \$12.95

- FRIED FILET OF SOLE SANDWICH *with Lettuce, Tomato and French Fries*
- TUNA MELT
- SHRIMP SALAD SANDWICH
- FLORENTINE OMELETTE *with Spinach and Feta Cheese*
- MEDITERRANEAN BURGER *with Sautéed Onions, Mushrooms & Peppers*